Pregnant and Parenting - Supporting Our Students

Balancing Life with Higher Education for Single Moms, Working Dads and Everyone in Between
Introductions

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Changing Demographics of Post-traditional Students in Higher Education

- Traditional students (students between the ages of 17-21, who attend four-year colleges and live on campus) make up about 15% of undergraduate population.
- The remaining 85% are considered “post-traditional” and are a diverse group of adult learners:
  - Full-time employees
  - Low-income students
  - Students who commute to school
  - Working parents
Changing Demographics of Post-traditional Students in Higher Education

- In general, post-traditional students have one or more of the following characteristics:
  - They delayed enrollment in college after high school,
  - They attend part-time for at least part of an academic year,
  - They work full time while also enrolled in school,
  - They are financially independent or they have dependents (spouse and/or children) – 26% of all post-secondary students are parents
What does that mean for CUW?

- Understand that students who are parents are ten times less likely to complete a bachelors degree within five years than students who don’t have kids.
- At the same time, concerns over slipping enrollments means we must attract more non-traditional students, who delayed the start of college or started college but never finished.
Advice from one of our own…

The story of a student parent
How do we support and encourage our parenting students?

• Title IX office on campus – policies
  • Include Title IX statements on your syllabi that are inclusive of pregnancy rights. Including the information can help students feel seen and can empower them to be proactive about their education if they are pregnant or become pregnant.

• Resource Guide for Pregnant & Parenting Students
Resources and Supports....

- On-line program options for the parents, flexible class options
  - Priority enrollment
- Attendance considerations – a no-questions-asked-policy gives student parents opportunities to stay home with their children without consequences,
- Academic and Accessibility Supports-
  - Academic Tutors, SI
  - Note-taking Assistance
  - Alternative Testing
  - Elevator Access
Resources and Supports...

- Housing Resources
- Clothing and Material Aid
- Assistance with Food
- Child Care
- Lactation rooms on campus, Diaper changing stations
- On campus Health care
  - Federally qualified/other health care options
- Mental Health counseling on campus
- Financial Aid/Scholarships
Questions ?